

Reusable To-Go Containers

We understand your schedule is busy and there may not be time to eat in the dining room. Sustainable eco-to-go containers are available for this purpose. Used only at the Dining Hall, to opt in, buy a container from the cashier for \$7.00.

Bring your dirty container back to the Dining Hall in exchange for a clean one.



Student Employment

We are looking for students to join our dining team! FREE Meals and flexible schedules. If you are interested, please see a manager or fill out an application here:



Special Dietary Needs

Friends University dining managers and our corporate wellness dietitians will work with students to help manage food allergies and specialty diets. Please let us know of any dietary restrictions or food allergies by emailing us to set up an apt. We will work with students on dietary substitutions by reviewing menus with students who have food allergies to determine what, if any, menu items need to be substituted.

Email askdietitian@aladdinfood.com

BE THE FIRST TO KNOW!

VIEW MENUS, HOURS OF
OPERATION, SPECIAL EVENTS,
CONTACT US AND MORE!



friends.campus-dining.com



Follow us
[@friendsu_dining](https://www.instagram.com/friendsu_dining)

Contact Us:

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DINING GUIDE

2024–2025



FRIENDS
UNIVERSITY

DINING
SERVICES

Welcome

Welcome to the dining program at Friends University, managed by Aladdin Campus Dining. We offer a program that meets the needs of today's college student. Each year you will experience exciting changes, fresh menus, and new enhancements to your dining experience. The enhancements will be a result of the feedback and input of students, faculty, and staff on campus.

Casado Dining Hall

Our all-you-care-to-eat dining facility on campus where students will find fresh and healthy prepared signature concepts including Classic Kitchen - your favorites from home, Global Fare - foods from around the world, Sauce & Stone - freshly made pizza, Local Deli - made to order sandwiches, Greens, an expansive salad bar, Flame made to order favorites from the grill - and A-Zone – an allergen friendly area. Meal Swipes, Freddy Bucks, cash and credit card accepted here.

Casado Cafe

Here you will find "We Proudly Serve Starbucks" coffee made the way you like with your favorite espresso drinks, hot or iced, frozen blended coffees, macchiatos and more! Dining Dollars, cash and credit card accepted here.

You will also find a rotating retail concept where students can use a meal swipe. Look for the meal option on the menu.

Community Market

Here students will find sandwiches, wraps, salads, snacks, bottled beverages and frozen food for stocking their dorm room or a quick bite on the go! Accepts Freddy Bucks and credit card.

Meal Plans

Residential Students:

First Time Freshman

- 19 Meal Swipes per week
+ \$175 Freddy Bucks
- 12 Meal Swipes per week
+ 25 Block meal tickets
+ \$200 Freddy Bucks

2nd & 4th year students + Upperclassmen

- 10 Meal Swipes per week
+ \$200 Freddy Bucks
- 5 Meal Swipes per week
+ \$100 Freddy Bucks
- 3 Meal Swipes per week
+ \$200 Freddy Bucks

Commuter Students:

First Time Freshman

- 16 Block Meal Swipes per semester
+ \$170 Freddy Bucks
- \$330 Freddy Bucks

2nd – 4th year students + Upperclassmen

- 16 Block Meal Swipes per semester
+ \$50 Freddy Bucks

Freddy Bucks

Freddy Bucks are an on-campus-only debit account loaded onto your student ID and can be used for a variety of services on campus including all campus dining locations. Unused Flex dollars carry over from fall to spring. At the end of spring semester flex dollars are forfeited and nonrefundable.

To add more Freddy Bucks visit here:
friends.campuscardcenter.com/ch/login.html



Aladdin Campus Dining is committed to bringing nutritious food to the table and making the healthy choice an easy choice for all our dining guests. We created BeWell to make it easier for you to choose well. First, our BeWell eating approach combines the latest in nutrition science and culinary trends to create a crave-worthy, nutritious menu choice. Second, our BeWell wellness approach encourages positive behavior change through our promotions, wellness education programs, and partnerships. BeWell is incorporated with End2End; an interactive menu program which highlights healthier options and provides the most current nutritional information for daily menus. Look for the blueberry symbol on our menus for a BeWell option!



BeWell recipes must meet three out of the following five categories:

Plant-based

Healthy Fat

Lean protein or plant-based protein

Limited added sugar

High fiber or a probiotic food

Our BeWell recipes will always:



Be trans-fat free



Use minimally processed ingredients



Be mindful of added sodium and portion size